

"Inspiring Growth through Adventure"

Off Peak School Special Package

www.vineyhilladventure.org (01594) 516162

























Off Peak School Special Package

£90 per child (with a free teacher place for every 10 children booked)

Available from November 2015 to April 2016 this fully inclusive, three day, two night ultimate team building experience has been designed especially for Key Stage 2. With an exciting programme of 8 challenging funfilled on-site activities, it will develop the confidence, trust and learning of your students.

How to book

- 1. Contact us on (01594) 516162 or info@vineyhilladventure.org to check availability.
- 2. Once we have agreed dates and requirements with you we will make a provisional booking and will email you a booking form.
- 3. Return the completed booking form to us within 7 days of making a reservation. You will be invoiced for the deposit which must be paid within 14 days to secure your booking.
 - Deposit £30 per child (with one free teacher place for every ten children booked)

If you have any queries, please do not hesitate to contact us.

Accommodation

The Christian Adventure Centre is a unique place to relax and discover the great outdoors through adventurous and challenging activities in a supportive and nurturing environment. Nestling between the River Severn and River Wye in the beautiful Royal Forest of Dean, we have 3 different types of residential accommodation and a day facility. Each unit is let exclusively to one group at a time:



The Old Vicarage – indoor accommodation for up to 40 people

- Bedding is provided for you to make up beds, including sheets and pillowcases.
- Please bring your own towels.
- □ Plug in internet access, DVD player available.
- ^a A floor plan for the Old Vicarage is available on our website.

Activity Information

Because your safety is of paramount concern to us, we have a strict ratio of 10 participants per instructor, plus one adult leader aged 18 years or over. Stringent safety regulations and guidelines from the relevant national governing bodies regulate the activities we offer. You can download a copy of our Risk Management Summary, which covers all our activities, from our website. You can participate in our activities with confidence. We are

- inspected regularly and approved by the Adventure Activities Licensing Service (AALS)
- approved to deliver the National Navigation Award Scheme
- members of the Mountain Leaders Training Association
- accredited by Learning outside the Classroom and have been awarded their Adventure Mark quality badge.

Our activity sessions involve varying degrees of physical activity, and can be tailored to suit the needs and aspirations of your group.

For groups which have special needs or behavioural issues, or which may need more individual attention, the number of participants in the group may be reduced and the number of leaders increased so that we can provide the best possible session for your group.

Our AALS licence only applies to children aged 8 and upwards, and we have limited equipment for children under this age. Some on-site activities are appropriate for a younger age group. Please let us know when booking your activities if age is an issue.

Most of our activities take place whatever the weather, but we reserve the right to offer an alternative activity or to reschedule sessions if the weather, or ground conditions, are unsuitable.

We must have a completed medical form for every participant. You can download the form from our website. Please hand the completed forms to a member of our staff when you arrive. You can also download a Kit List for all our activities from our website.

Sample Itinerary

	12 noon	Arrive in time to enjoy your packed lunch			
Day 1	1.15 – 4.30pm	Activities	Group 1	Group 2	
			Crate Stack	Climbing Wall	
			Climbing Wall	Crate Stack	
	5.30pm	Dinner			
	6.30 – 7.30pm	Night Walk			

Day 2	8.30am	Breakfast		
	9.15am - 12.30pm	Activities	Group 1	Group 2
			Archery	Low Ropes
			Low Ropes	Archery
	12.30pm	Lunch		
	1.15 – 4.30pm	Activities	Group 1	Group 2
			Bush Craft	Navigation
			Navigation	Bush Craft
	5.30pm	Dinner		
	6.30 – 7.30pm	Camp Fire and Games		

Day 3	8.30am	Breakfast		
	9.15am - 12.30pm	Activities	Group 1	Group 2
			Rocket Science	Team Building
			Team Building	Rocket Science
	12.30pm	Lunch		
	1.15pm	Depart		

Activities

Archery is a sport for all ages and abilities. Our excellent outdoor range provides the opportunity to take part in this most ancient of skills using modern equipment, under the guidance of experienced, qualified instructors. We are able to offer basic introductory sessions or advanced skills coaching as required. *Physical effort – moderate*

Bridge Building involves getting from one side of a small quarry or stream to the other by setting up a rope bridge, using your initiative and developing your team building skills. Our instructors will provide basic equipment and give helpful hints! *Physical effort – moderate to strenuous*





Climbing Wall is an excellent introduction to climbing skills, from balance to belay. Your group will learn to work together and operate as a team with all members being involved. Whilst one person is climbing, others learn the rope work skills that go with belaying. Suitable particularly for the novice climber. Physical effort – moderate to strenuous

Crate Stack is a real team challenge which involves balancing at height. Everyone is involved in making a tower out of crates. See how high you can go, whether you are trying to beat your personal best or the group record! *Physical effort – moderate*

Geo Caching The future has arrived! Let satellites guide you around our high tech course, with a few surprises. *Physical effort – moderate*

Introduction to Bush Craft is one of our more popular activities, introducing basic bush craft skills; how to find food and water, how to build a shelter and make a fire. Suitable for participants of all ages and abilities, it's a great way to discover more about our natural environment. Advanced sessions are available on request. *Physical effort – moderate*



Low Ropes is a fun and memorable team building challenge on a low–level course which will help you to develop confidence as a group. It's suitable for groups of mixed ability and age whether or not you have worked together before. Physical effort – moderate

Navigation will teach you the basic skills of map reading. You will use these skills to find the markers on our navigation course. Teambuilding elements can be included to make this activity more challenging for older groups or those with previous experience. *Physical effort – moderate*

Photo Orienteering Follow our fantastic trail of unusual views and strange sights – a new twist on map reading. *Physical effort – moderate*

Forest Walk Let our instructors guide you through the forest and discover some of its history during the day, enjoy the setting sun of a summer's evening or the thrill of a winter walk in the dark. This activity can be tailored to suit the needs and ability of your group. *Physical effort – moderate to strenuous*

Rocket Science A fun introduction to the science of rockets which will ignite your imagination. Learn about, build and test launch our educational jet-propelled rockets. *Physical effort – moderate*



Team Building offers a variety of short initiative games and activities within the grounds of the Centre, which help to develop group skills such as communication, planning, problem solving and teamwork. Group goals are decided at the start of the session which can be tailored to develop leadership skills. *Physical effort – minimal to moderate*

Terms and Conditions for School Special Packages

1. Booking

Due to high demand, reservations must be confirmed with a completed booking form within 7 days of making a reservation. You will be invoiced for the deposit, which must be paid within 14 days, upon receipt of your completed booking form. If you fail to confirm your booking on time the dates may be made available to others without further notice. All groups must give a best estimate of numbers on their booking form so that we can arrange appropriate staffing levels.

2. Payment

Payment of the final balance due must be made at least one calendar month before the date of your visit. We reserve the right to cancel your visit if the final balance is not received when due, in which case your deposit will be forfeit. Written notice of any variation in numbers must be given before your final payment becomes due, failing which the full balance invoiced will be payable. If you bring additional guests a supplemental invoice will be issued after your visit for payment within 14 days.

3. Minimum Charges

To make it financially viable for smaller groups to visit the Centre we have a minimum charge for 15 people per group.

4. Arrival and Departure Times

- Arrivals: Mondays/Wednesdays from 9.15am
- Departures: Please vacate your rooms by 9.30am.

This allows us to check over the site, and ensure it is ready for the next group. Please consult us about special arrangements if required – it may be possible to negotiate different times. A member of staff will brief the group on arrival and debrief you on departure.

5. Cancellation by Client

All cancellations must be made in writing. The deposit is non-refundable. If less than 3 months' notice of cancellation is given, then the full fee will be charged.

6. Cancellation by the Centre

Whilst every effort will be made to ensure your visit takes place, we reserve the right to cancel at any time. In this event, as much notice as possible will be given and you will be offered, either a full refund of fees or a mutually agreed alternative booking date. In the unfortunate event that we are unable to provide a booked activity session you will be offered an alternative or a refund of the fee relating to the session. We regret that our liability does not extend beyond this.

7. Equipment

You must report, and will be required to pay for, any equipment lost, broken, stolen or damaged. Substitutes cannot be accepted.

8. Car Parking

Cars are NOT ALLOWED on the campsite. Please park in the car park. Cars and contents are parked at owners' risk. The parking area is limited; please share transport wherever possible.

9. Noise

Please respect our neighbours and avoid all unnecessary noise. Activities should be peaceful by 9.30pm, with quiet onsite from 10pm - 8am. We have a noise management policy which you will be required to sign and adhere to during your stay. If a member of staff has to be called to the Centre between the hours of 10pm and 8am, a call out charge of £50 may be levied.

10. Camp Fires

A camp fire is permitted within the guidelines which are clearly displayed in the Centre.

11. Toilets

Paper towels, sanitary towels, nappies etc, are NOT to be flushed down the toilets; please use the appropriate bins provided. Paper hand towels and toilet rolls will be provided.

12. Rubbish and Recycling

All groups are expected to comply with the Centre's recycling policy, which will be explained on arrival. Any rubbish which cannot be recycled should be bagged up and placed in the red bin provided. Please use the bins and keep the site free of litter.

13. Cleaning/Clearing up

It is your responsibility to leave the site clean and tidy and ready for the next group. Please refer to the cleaning checklist on site. We provide general cleaning materials. There is a washing machine and tumble drier in the Old Vicarage only for which you will need to provide your own tablets/powder.

14. Group Leaders

Each group must appoint a group leader who will be responsible for behaviour during activities, for liaising with Centre staff as necessary and for ensuring compliance with these Terms and Conditions.

15. Telephone

There is an emergency telephone located outside the office, but group leaders should have a mobile with them for any other calls. Mobile phones are not to be used during activity sessions. Please ensure that your group leader brings a mobile telephone so that people at home can get in touch during your stay in case of emergency outside normal office hours, when on call cover is provided for the group only.

16. Child Protection

You must comply with the Centre's Safeguarding Policy, a copy of which can be found on our website.

17. Fire

In the event of fire make sure the building or tent involved is EVACUATED. Raise the alarm and dial 999. Leaders should do a roll call. Contact the Duty Manager as soon as possible to give details. All groups are advised to do a fire drill.

18. Accidents

All accidents must be reported to the Duty Manager at the time and be entered into the accident book.

19. First Aid

You must have a designated first aider on your staff team. All of our instructors are trained in first aid and will be responsible when leading an activity session.

20. Insurance

We have Public Liability Insurance cover up to £5 million. Personal accident, theft, loss or damage to personal property is not included. Groups are advised to take out their own public liability, personal injury and cancellation insurance.

21. Smoking

Smoking is not permitted on any activity. Smoking is not allowed in Centre buildings and is strongly discouraged on Centre premises and grounds.

22. Drugs and Alcohol

The possession or use of any banned substances will not be tolerated. Under-age drinking or possession of alcohol is not permitted. Centre staff have the right to ask those responsible to leave the site immediately.

23. Disruptive Behaviour

Centre staff have the right to ask those whose behaviour is not acceptable to leave the site immediately.

24. Day Visitors

All day visitors will be charged at the rate specified in our price list.

25. Dogs

The Centre and the grounds are pet free zones, and no animals are allowed on site except for working guide dogs.

26. Internet Use

Whilst we provide limited internet access, by using this service you agree to indemnify the Centre against any claims by third parties arising from your access to and/or use of this service. You agree that the Centre has no responsibility whatsoever for any content or services offered on the internet. We reserve the right to withdraw internet access in the event of inappropriate use.

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