

Sample Activity Programme – 2 night/3 day stay

Day 1	Activities 13:15 – 16:30	Group 1 Crate Stack/Climbing Wall	Group 2 Abseiling	Group 3 Raft Building
	Evening activity	Night Walk		

Day 2	Activities 09:15 – 12:30	Group 1 Low Ropes/Archery	Group 2 Raft Building	Group 3 Abseiling
	Activities 13:15 – 16:30	Group 1 Raft Building	Group 2 Crate Stack/Climbing Wall	Group 3 Low Ropes/Archery
	Evening activity	Camp Fire and Games		

Day 3	Activities 09:15 – 12:30	Group 1 Abseiling	Group 2 Low Ropes/Archery	Group 3 Crate Stack/Climbing Wall
--------------	-----------------------------	----------------------	------------------------------	--------------------------------------