

Sample Activity Programme – 4 night/5 day stay

Day 1	Activities	Group 1	Group 2	Group 3
	13:15 – 16:30	Geo Caching/Navigation	Canoeing	Bush Craft/Team Building
	Evening activity	Night Walk		

Day 2	Activities	Group 1	Group 2	Group 3
	09:15 – 12:30	Low Ropes/Archery	Biking	Climbing
	13:15 – 16:30	Biking	Geo Caching/Navigation	Caving
	Evening activity	Talent Show		

Day 3	Activities	Group 1	Group 2	Group 3
	09:15 – 12:30	Climbing	Low Ropes/Archery	Canoeing
	13:15 – 16:30	Caving	Crate Stack/Bridge Building	Geo Caching/Navigation
	Evening activity	Camp Fire and Games		

Day 4	Activities	Group 1	Group 2	Group 3
	09:15 – 12:30	Canoeing	Climbing	Biking
	13:15 – 16:30	Bush Craft/Team Building	Caving	Crate Stack/Bridge Building
	Evening activity	Disco		

Day 5	Activities	Group 1	Group 2	Group 3
	09:15 – 12:30	Crate Stack/Bridge Building	Bush Craft/Team Building	Low Ropes/Archery