

Curriculum Brochure 2022-23



The
Christian
Adventure Centre
Viney Hill

Improving Mental Health Activity Day

based on the latest statutory and non-statutory guidance
to improve the physical health and mental wellbeing of young people.

Come along for a day of stress-busting exercise, plenty of fresh air and a feeling of freedom in our beautiful outdoor spaces. You'll learn how to work and play together, connect with each other and learn new skills; there will be teamwork and individual challenges, opportunities to support and encourage each other, overcome fears and believe in yourself.

Take time to learn some self-care and coping strategies for when life is difficult and let the day refresh and inspire you. Take all these things you've learned and use them to help you in your life at home and at school.



DAY VISIT

9.30am
to
2.30pm

Get some fresh air and exercise

Have fun working together

Solve some problems

Conquer some fears

Believe in yourself

Have a chat around the campfire

Learn calming strategies

Be inspired to give to others

Climb high!

Jump far!

Laugh loudly!

Feel good!



Climb higher!

Jump further!

Laugh louder!

Feel better!

Bring your own packed lunches and drinks
Suitable footwear and waterproof for outdoor activities

For further details or to make a booking please contact us at:

email: info@vineyhilladventure.org

Christmas Adventure Activity Day

Christmas is always a special time in schools! Here at Viney Hill we apply the elements of outdoor adventure and discovery to aspects of the school RE Curriculum for Key Stage 1 and 2 to give children and staff alike in an unforgettable and fun Christmas Activity Day.

We'll help your pupils in their understanding of the text of the Christmas story in the Bible from the point of view of the Wise men and the Shepherds. There are activities to help them to understand what Christians do at Christmas and why, explore the local church as it is set up for Christmas, participate in a navigation trail to discover a timeline of the Christmas story and explore why Jesus was sent to be The Light of the World.



DAY VISIT

9.30am
to
2.30pm

- Overcome many obstacles on a journey around our low ropes course, following a star that will lead you to a stable. There you'll be able to give the gifts you've carried to the baby King in a manger.
- Sit round the camp fire with your fellow shepherds and feel what it might have been like to be the first to hear the Good News on the very first Christmas.
- Explore our tunnel activity and understand a bit more about how and why Jesus was sent to shine in the darkness.



- Navigate your way round our site, looking for clues that will unravel the whole Christmas story
- Explore All Saints church and find out what Christians do at Christmas and why



Bring your own packed lunches and drinks,
waterproofs and footwear suitable for outdoor activities

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Good Samaritan First Aid Adventure Day

A full action-packed day combining:

- Simple First Aid training specifically tailored to KS2
- Outdoor Activity Sessions
- Imaginative Role Play—how to be a Good Samaritan

DAY VISIT

9.30am
to
2.30pm

Learn these life-saving skills

Scene Surveys
Primary Assessment
How to Call 999
Head injuries & CPR
Managing Cuts and Burns



Conquer

The Low Ropes Course
or
The Tunnels
or
The Archery Range



And then:

Put what you've learned into practice with an active retelling of the biblical story of The Good Samaritan, as you navigate your way through the woods, helping the wounded and injured along the way with your new knowledge and skills



Bring your own packed lunches and drinks
Suitable footwear and waterproof clothing for outdoor activities

For further details or to make a booking please contact us at:

email: info@vineyhilladventure.org

*"I hope I can come again!
If I could rate Viney Hill out of ten,
it would be one hundred!"*

– Sam, Age 11



I learnt how to work in a team b
ecause something always goes wrong.
Even I learnt never to give up. So

I learnt how to Never give up, ^{on} ~~on~~
~~myself~~ This will help me ~~to~~ to
Never give up on my self.

*"Thank you so much for the most epic day ever.
Everything was terrific but the best thing was archery.
I would love to come again."*

– James, Age 11

I learnt more to work in a team and it will
help me at play times.

I learnt that teamwork is key to success and I learnt
that people might look happy but might not be happy on
the inside.

Living History Curriculum Activity Day

History is one of the areas where the National Curriculum leaves plenty of scope for thinking outside of the box. It's difficult for children to grasp just how different life was in ancient times, but our Living History Days not only cover Key Stage 1 and Key Stage 2 learning outcomes, they bring the past to life and make learning effective, memorable and fun.

We'll help your group learn ancient skills such as lighting fires, building shelters and making arrows. By putting these activities into the context of Neolithic, Bronze, or Iron-Age societies, they'll get a vibrant sense of how things changed and developed over time.

There's plenty of opportunity to find out about change, continuity, cause, similarities, and differences, which all go towards building up a sense of history and a love for the subject.



DAY VISIT

9.30am
to
2.30pm

How was life different?

How did people survive?

How did they keep warm and dry?

How did life work without shops?

How did society work?

Learn how to light a fire

Make a Neolithic arrow

Build a shelter

Learn about life as a hunter-gatherer



Bring your own packed lunches and drinks,
waterproofs and footwear suitable for outdoor activities

For further details or to make a booking please contact us at:

tel: 01594 516162

email: info@vineyhilladventure.org

Information

School hours visit from 9.30am - 2.30pm

Bring your own packed lunch

Arrange your own transport to and from site

Divide your group into smaller activity groups of 10 per group

Each activity group needs to be supervised by a teacher/leader

Each child needs to complete one of our medical forms

Curriculum Adventure Day Cost

2022: £19.50 per child

2023: £19.50 per child

Booking requests

Please email the following information to
info@vineyhilladventure.org

Contact Name:

Contact email address:

Contact number:

Organisation/group name:

Organisation/group address:

Number of young people/participants (approx):

Number of leaders/non-participants (approx):

Which Curriculum Day are you interested in?

Preferred dates (1st choice):

Preferred dates (2nd choice):

If dates are available, do you want to make a provisional booking? Y/N

Registered UK Charity No. 1102939



“Inspiring Growth Through Adventure”

