

VINEY HILL KIT LIST



DAY TO DAY ITEMS

- ★ Water Bottle-500ml minimum
- ★ Clothes to get wet and dirty (ideally long trousers and long-sleeved tops)
- ★ Footwear to get wet and muddy (trainers or boots)
- ★ Backpack
- ★ Waterproof jacket + trousers
- ★ Summer: sun hat + sun cream
- ★ Winter: warm hat + gloves
- ★ Any medication you may need - clearly labelled with your name (and to be given to one of your leaders to keep, unless it's medication that you need with you all of the time)
- ★ As no shoes are worn indoors, extra socks or a pair of slippers might be useful for inside

OVERNIGHT ITEMS

- Wash kit (toothbrush, toothpaste, TOWEL, shower gel, shampoo, soap etc)
- Pyjamas
- Torch (with batteries that work!)
- For 1 night at Viney Hill: **2 full sets of clothes** (includes top**, jumper/sweatshirt, trousers, socks, underwear and boots/trainers)
- For 2 nights at Viney Hill: **3 full sets of clothes**
- For 3 nights at Viney Hill: **4 full sets of clothes**
- For 4 nights at Viney Hill: **5 full sets of clothes**
- If you are in the Eco Pods on the camping field you need to bring a sleeping bag, a pillow (and a sheet if you would like to use one). This includes leaders.
- ****DO NOT BRING CROP TOPS OR 'SHORT SHORTS': THESE ARE NOT SUITABLE FOR ACTIVITIES FOR SAFETY REASONS AND YOU WILL NOT BE ABLE TO TAKE PART IF WEARING THEM****

SPECIFIC ITEMS FOR

Watersports-Canoeing/Raft Building

- Backpack
- Towel (not your bathroom towel)
- Full set of spare clothing - including shoes!

You will be changing off site if you get wet, so these are all a must!

WHAT TO LEAVE AT HOME

- iPod, tablets, portable computer devices, TVs etc
- Smart phones/iPhone etc
- Best clothes (branded, favorite shirt etc)
- Valuables including jewellery (not suitable for activities for safety reasons)
- **IF YOU LIKE IT, LEAVE IT AT HOME!**